




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Movie Schedule Sunday: 3PM & 6PM Monday: 7PM Tuesday: 6PM Thursday: 6PM Friday: 6PM Saturday: 3PM & 6PM *Check Movie Binder to Confirm</p>		 <p>Continental Breakfast M-S from 7:30-9AM Lunch M-S 11:30-1PM Evening Meals, Tuesdays & Thursdays 4:30-6PM Social Hour Tuesdays 4-5PM BYOB Happy Hour Fridays 4-5PM</p>			<p>December To Do List:</p>	<p>10:00 SL Dominoes/Cards/42 1:00 DR Entertainment: Selkie Girls Celtic Holiday Show! (Time May Change) 3:00 CR Party Bridge 3:00 BR Matinee Movie 6:00 BR The Royals, Season 1</p>
<p>Hanukkah Begins at Sundown 2</p> <p>1:00 SL Dominoes/Cards/42 2:30 BR The Great Courses, Topic: Optimizing Brain Fitness 3:00 BR Matinee Movie 4:00 DR Charlie Brown Christmas Performance by the North Texas Performing Arts 4:00 OL Sit & Stitch, Hats and Scarves for the Homeless! 5:00 CR Scrabble! 6:00 BR Movie 6:00 OL Festival of Lights for Hanukkah</p>	<p>3</p> <p>8:30 FC Get Moving 9:30 FC Get Fit 10:00 A1 Bible Study: The History of the Church 10:15 SG Walking Group 11:15 PL Water Aerobics 1:00 A1 Hand & Foot Card Game 2:00 SL Solids or Stripes! All Pool Players Welcome! 2:00 LB Reliant Blood Pressure Checks 3:30 FC Dance Class with Patsy 6:00 SL Monday Night Poker</p>	<p>National Cookie Day! 4</p> <p>8:00 FC Zumba 9:00 FC Better Balance 10:00 CW Coffee & Crosswords 1:00 PL Water Aerobics 2:00 A1 Crafting with Linda, Sign up 3:00 OL "You Be the Judge" 4:00 SL Cookie Exchange Social Hour, Sign up! 6:00 CR Party Bridge 7:00 DR Holiday Concert with the Frisco Chorale!</p>	<p>Holiday Shopping! 5</p> <p>8:30 FC Get Moving 9:30 FC Get Fit 11:00 BR Happy Holidays Shopping Event from 11-2PM 1:00 SL Play Cards/Dominoes/42 2:00 A1 Painters Paint Together! All levels welcome! 2:00 SG Cookie Hour, Everyone Welcome 6:00 A1 Mahjong 6:00 SL Poker Night 6:15 Out to the Water Tower Theater for The Great Distance Home</p>	<p>6</p> <p>8:30 FC Chair Yoga 9:30 A1 Catholic Communion Service 9:30 FC Muscle Matters 10:45 PL Water Aerobics 1:00 CW Brain Games 2:00 BR Visiting Angels Bingo 3:30 FC Dance Class with Patsy Party! Sign up 6:00 BR Documentary Movie</p>	<p>7</p> <p>8:30 BR Out for Men's Breakfast, Sign up! 8:30 FC Zumba 9:30 FC Better Balance 10:00 BR The Great Courses, Topic: The World Was Never the Same: Events That Changed History 10:15 SG Walking Group 10:30 CW Pictionary 1:00 OL Sit & Stitch, Hats & Scarves for the Homeless! 2:00 SL Solids or Stripes, All Pool Players Welcome! 3:00 BR Bubbl Transportation Presentation 4:00 CW Let's Get This Party Crankin' Happy Hour! 5:30 Out to the DSO for The Christmas Pops 6:00 BR Holiday Movie Night!</p>	<p>8</p> <p>10:00 SL Dominoes/Cards/42 11:00 A1 iPhone Class, Sign up 3:00 BR Matinee Movie 3:00 CR Party Bridge 6:00 OL Festival of Lights for Hanukkah 6:00 BR Movie</p>
<p>9</p> <p>1:00 SL Dominoes/Cards/42 2:30 BR The Great Courses, Topic: Optimizing Brain Fitness 3:00 BR Matinee Movie 4:00 OL Sit & Stitch, Hats and Scarves for the Homeless! 4:00 LB Stress-Free Coloring 5:00 CR Scrabble! 6:00 BR Movie 6:00 OL Festival of Lights for Hanukkah</p>	<p>Fourth Floor Holiday Home Open House 1-3PM 10</p> <p>8:30 FC Get Moving 9:00 CW Resident Volunteer needed for Festival of Trees Preparation 9-11:30AM 9:30 FC Get Fit 10:00 A1 Bible Study: The History of the Church 11:00 OL Government & Political Forum 11:15 PL Water Aerobics 2:00 CL Bright Star Pie Delivery, Sign up for a Slice 3:30 FC Dance Class with Patsy 5:00 BR Brown Eyed Girls Quartet 6:00 OL Festival of Lights, Hanukkah ends at sundown</p>	<p>Third Floor Holiday Home Open House 1-3PM 11</p> <p>8:00 FC Zumba 9:00 FC Better Balance 10:00 CW Coffee & Crosswords 1:00 PL Water Aerobics 1:00 CW Resident Volunteers needed for Festival of Trees, 1-3PM 2:00 Health Talk with Kelsey for ARC Home Health 3:00 BR Town Hall Meeting 4:00 CW Candy Canes and Kisses Birthday Social Hour 6:00 CR Party Bridge 6:00 BR Movie Night</p>	<p>Second Floor Holiday Home Open House 1-3PM 12</p> <p>8:30 FC Get Moving 9:00 CW Resident Volunteers needed for Festival of Trees 9-11:30AM 9:30 FC Get Fit 11:00 Out to lunch at Romano's Macaroni Grill then to the Cookie Rack for a Sweet Treat! 1:00 SL Play Cards/Dominoes/42 2:00 SG Cookie Hour, Everyone Welcome 5:30 Out to the Texas Tenors in Grapevine 6:00 A1 Mahjong 6:00 SL Poker Night</p>	<p>First Floor Holiday Home Open House 1-3PM 13</p> <p>8:30 FC Chair Yoga 9:00 CW Resident Volunteers needed for Festival of Trees 9-11:30AM 9:30 FC Muscle Matters 9:30 A1 Catholic Communion Service 10:45 PL Water Aerobics 1:00 CW Brain Games 2:00 BR Visiting Angels Bingo 3:00 PD New Resident Orientation 4:30 DR It's A Wonderful Life Themed Dinner, Sign up 6:30 BR It's a Wonderful Life Watch Party! Sign up</p>	<p>14</p> <p>8:30 FC Zumba 9:00 CW Resident Volunteers needed for Festival of Trees from 9-3PM 9:30 FC Better Balance 10:00 BR The Great Courses, Topic: The World Was Never the Same: Events That Changed History 10:15 SG Walking Group 10:30 CW Pictionary 1:00 OL Sit & Stitch, Hats & Scarves for the Homeless! 2:00 SL Solids or Stripes, All Pool Players Welcome! 3:30 CW New Resident of Meet & Greet 4:00 CW Oh What Fun Happy Hour!</p>	<p>Festival of Trees! 15</p> <p>10:00 SL Dominoes/Cards/42 11:00 DR Box Lunch from 11-12PM 2:00 CH Festival of Trees from 2-5PM 3:00 BR Matinee Movie 3:00 CR Party Bridge 6:00 BR Movie</p>
<p>16</p> <p>1:00 SL Dominoes/Cards/42 2:30 BR The Great Courses, Topic: Optimizing Brain Fitness 3:00 BR Matinee Movie 4:00 LB Stress-Free Coloring 4:00 OL Sit & Stitch, Hats and Scarves for the Homeless! 5:00 CR Scrabble! 6:00 BR Movie</p>	<p>17</p> <p>8:30 FC Get Moving 9:30 FC Get Fit 10:00 A1 Bible Study: The History of the Church 10:15 SG Walking Group 11:15 PL Water Aerobics 1:00 A1 Hand & Foot Card Game 2:00 LB Reliant Blood Pressure Checks 2:00 SL Solids or Stripes! All Pool Players Welcome! 4:30 DR Resident Holiday Dinner 4:30-6PM, Sign up 6:00 SL Monday Night Poker</p>	<p>18</p> <p>8:00 FC Zumba 9:00 FC Better Balance 10:00 CW Coffee & Crosswords 12:30 A1 Painting Party with Kay! 1:00 PL Water Aerobics 2:00 A1 Book Club 3:00 OL Would you rather? (Discussion) 4:00 CW Naughty or Nice Happy Hour! 6:00 BR Movie Night 6:00 CR Party Bridge</p>	<p>19</p> <p>8:30 FC Get Moving 9:30 FC Get Fit 1:00 SL Play Cards/Dominoes/42 2:00 SG Cookie Hour, Everyone Welcome 2:00 A1 Painters Paint Together! All levels welcome! 3:00 DR Holiday Fund Appreciation Presentation 5:00 DR Cookies, Cocoa & Sing-A-Long 6:00 A1 Mahjong 6:00 Out to See Holiday Lights 6:00 SL Poker Night</p>	<p>20</p> <p>8:30 FC Chair Yoga 9:00 LB Hearing Aid Checks 9:30 FC Muscle Matters 9:30 A1 Catholic Communion Service 10:45 PL Water Aerobics 1:00 CW Brain Games 2:00 BR Visiting Angels Bingo 3:30 FC Beginner Dance Class with Patsy 6:00 BR Documentary Movie</p>	<p>National Ugly Christmas Sweater Day! 21</p> <p>8:30 FC Zumba 9:30 FC Better Balance 10:00 BR The Great Courses, Topic: The World Was Never the Same: Events That Changed History 10:15 SG Walking Group 10:30 CW Pictionary 1:00 OL Sit & Stitch, Hats & Scarves for the Homeless! 2:00 SL Solids or Stripes, All Pool Players Welcome! 4:00 CW Eat, Drink and Wear your Ugly Sweater Happy Hour! 6:00 BR Holiday Movie Night!</p>	<p>22</p> <p>10:00 SL Dominoes/Cards/42 2:30 BR Jingle Mingle, Sign up 3:00 BR Matinee Movie 3:00 CR Party Bridge 6:00 BR Movie</p>
<p>23</p> <p>1:00 SL Dominoes/Cards/42 2:30 BR The Great Courses, Topic: Optimizing Brain Fitness 3:00 BR Matinee Movie 4:00 OL Sit & Stitch, Hats and Scarves for the Homeless!</p>	<p>24</p> <p>8:30 FC Get Moving 9:30 FC Get Fit 11:15 PL Water Aerobics 1:00 BR Polar Express Hot Cocoa Bar and Movie</p>	<p>Christmas, Business Office Closed 25</p>	<p>26</p> <p>8:30 FC Get Moving 9:00 Out to the Choctaw Casino 9:30 FC Get Fit 1:00 SL Play Cards/Dominoes/42 2:00 SG Cookie Hour, Everyone Welcome 2:00 A1 Painters Paint Together! All levels welcome! 6:00 A1 Mahjong 6:00 SL Poker Night</p>	<p>27</p> <p>8:30 FC Chair Yoga 9:30 A1 Catholic Communion Service 9:30 FC Muscle Matters 10:45 PL Water Aerobics 1:00 CW Brain Games 2:00 BR Visiting Angels Bingo 3:30 FC Beginner Dance Class with Patsy 6:00 BR Documentary Movie 6:30 BR Movie Club Movie Night</p>	<p>28</p> <p>8:30 FC Zumba 9:30 FC Better Balance 10:00 BR The Great Courses, Topic: The World Was Never the Same: Events That Changed History 10:15 SG Walking Group 10:30 CW Pictionary 1:00 OL Sit & Stitch, Hats & Scarves for the Homeless! 2:00 SL Solids or Stripes, All Pool Players Welcome! 3:00 A1 Parkinson's Support Group 4:00 CW Sparkles & Spirits Happy Hour 6:00 BR Holiday Movie Night!</p>	<p>29</p> <p>10:00 SL Dominoes/Cards/42 1:00 A1 Frisco-Oply, sign up 3:00 CR Party Bridge 3:00 BR Matinee Movie 6:00 BR Movie</p>
<p>30</p> <p>1:00 SL Dominoes/Cards/42 2:30 BR The Great Courses, Topic: Optimizing Brain Fitness 4:00 OL Sit & Stitch, Hats and Scarves for the Homeless! 6:00 CH Vegas Night New Year's Eve, Eve Bash!</p>	<p>31</p> <p>8:30 FC Get Moving 9:30 FC Get Fit 11:00 CL Wellness Roundup! 11-1PM 11:15 PL Water Aerobics 8:00 CH Resident Potluck New Year's Eve Party!</p>					